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Faculty of Health Disciplines, Centre for Nursing and Health Studies

The Nursing courses and one Health Studies course offered by Athabasca University (AU), Faculty of Health Disciplines, Centre for Nursing and Health Studies (CNHS) are mapped to the most current entry to practice competencies, as determined by the College and Association of Registered Nurses of Alberta (CARNA). The CARNA Entry-to-Practice Competencies (Sept, 2019) by Course Chart is an effective tool for being able to review all the entry-to-practice competencies that are met in both the Post RN-BN and Post LPN-BN programs.

The CNHS is unable to review individual competency gaps outlined by your respective regulatory bodies or guarantee that the theory courses you take will fulfill your outstanding requirements. It is **solely your responsibility**, as an applicant to determine which theory courses offered at AU will meet your individual regulatory bodies' requirements.

Courses Competencies	NURS 316	NURS 317	HLST 320	NURS 250	NURS 322	NURS 324	NURS 326	NURS 328	NURS 400	NURS 401	NURS 432	NURS 434	NURS 435	NURS 436	NURS 437	NURS 438	NURS 441	NURS 442
	CLINICIAN																	
1.1 Provides safe, ethical, competent, compassionate, client centred and evidence-informed nursing care across the lifespan in response to client needs.				X		X			X	X		X	X	X	X	X	X	X
1.2 Conducts a holistic nursing assessment to collect comprehensive information on client health status.	X	X	X			X			X	X		X	X	X	X		X	X
1.3 Uses principles of trauma-informed care which places priority on trauma survivors' safety, choice, and control.													X	X			X	
1.4 Analyses and interprets data obtained in client assessment to inform ongoing decision-making about client health status.	X	X	X			X			X	X		X	X	X	X		X	
1.5 Develops plans of care using critical inquiry to support professional judgment and reasoned decision-making.	X	X	X	X		X			X	X	X	X	X	X	X		X	
1.6 Evaluates effectiveness of plan of care and modifies accordingly.						X			X	X		X	X		X		X	
1.7 Anticipates actual and potential health risks and possible unintended outcomes.	X	X				X			X	X		X	X		X	X	X	
1.8 Recognizes and responds immediately when client safety is affected.	X	X				X			X	X			X		X		X	
1.9 Recognizes and responds immediately when client's condition is deteriorating.	X	X				X			X	X					X		X	
1.10 Prepares clients for and performs procedures, treatments, and follow up care.										X					X		X	
1.11 Applies knowledge of pharmacology and principles of safe medication practice.	X	X							X	X			X		X		X	
1.12 Implements evidence-informed practices of pain prevention, manages client's pain, and provides comfort through pharmacological and non-pharmacological interventions.	X	X				X			X	X					X		X	

1.13 Implements therapeutic nursing interventions that contribute to the care and needs of the client.	X	X						X		X	X		X	X	X	X		X	
1.14 Provides nursing care to meet palliative care and end-of-life care needs.										X	X					X		X	
1.15 Incorporates knowledge about ethical, legal, and regulatory implications of medical assistance in dying (MAID) when providing nursing care.											X					X	X	X	X
1.16 Incorporates principles of harm reduction with respect to substance use and misuse into plans of care.											X		X	X	X	X	X	X	
1.17 Incorporates knowledge of epidemiological principles into plans of care.	X	X						X		X	X		X	X	X	X	X	X	X
1.18 Provides recovery-oriented nursing care in partnership with clients who experience a mental health condition and/or addiction.											X			X		X	X	X	X
1.19 Incorporates mental health promotion when providing nursing care.								X		X	X			X		X	X	X	X
1.20 Incorporates suicide prevention approaches when providing nursing care.											X			X		X		X	X
1.21 Incorporates knowledge from the health sciences, including anatomy, physiology, pathophysiology, psychopathology, pharmacology, microbiology, epidemiology, genetics, immunology, and nutrition.	X	X						X		X	X		X	X	X	X	X	X	
1.22 Incorporates knowledge from nursing science, social sciences, humanities, and health-related research into plans of care.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
1.23 Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
1.24 Uses effective strategies to prevent, de-escalate, and manage disruptive, aggressive, or violent behaviour.											X	X		X		X	X	X	
1.25 Uses strategies to promote wellness, to prevent illness, and to minimize disease and injury in clients, self, and others.								X		X	X		X	X	X	X	X	X	X
1.26 Adapts practice in response to the spiritual beliefs and cultural practices of clients.								X			X		X	X	X	X	X	X	X
1.27 Implements evidence-informed practices for infection prevention and control.								X		X	X		X			X		X	

PROFESSIONAL																			
2.1 Demonstrates accountability, accepts responsibility, and seeks assistance as necessary for decisions and actions within the legislated scope of practice.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2.2 Demonstrates a professional presence, and confidence, honesty, integrity, and respect in all interactions.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2.3 Exercises professional judgment when using agency policies and procedures, or when practising in their absence.						X				X	X				X	X	X		
2.4 Maintains client privacy, confidentiality, and security by complying with legislation, practice standards, ethics, and organizational policies.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2.5 Identifies the influence of personal values, beliefs, and positional power on clients and the health-care team and acts to reduce bias and influences.				X		X	X			X	X	X	X	X	X	X	X	X	
2.6 Establishes and maintains professional boundaries with clients and the health-care team.				X	X		X			X			X		X		X		
2.7 Identifies and addresses ethical (moral) issues using ethical reasoning, seeking support when necessary.				X		X	X			X		X	X	X	X	X	X	X	
2.8 Demonstrates professional judgment to ensure social media and information and communication technologies (ICTs) are used in a way that maintains public trust in the profession.			X	X	X	X				X	X				X	X	X		
2.9 Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: a. assessing own practice and individual competence to identify learning needs, b. developing a learning plan using a variety of sources, c. seeking and using new knowledge that may enhance, support, or influence competence in practice, and d. implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2.10 Demonstrates fitness to practice.	X	X				X				X	X		X		X	X	X		

2.11 Distinguishes between the mandates of regulatory bodies, professional associations, and unions.				X							X	X				X	X	X	
2.12 Recognizes, acts on, and reports unprofessional conduct to the appropriate person, agency or professional body.							X				X			X		X	X	X	
2.13 Recognizes, acts on, and reports harmful incidences, near misses, and no harm incidences.						X					X			X		X	X	X	
2.14 Recognizes, acts on, and reports actual and potential workplace and occupational safety risks.							X				X	X				X		X	
COMMUNICATOR																			
3.1 Introduces self to clients and health-care team members by first and last name, and professional designation (protected title).							X				X					X		X	
3.2 Engages in active listening to understand and respond to the client's experience, preferences, and health goals.			X				X				X	X		X		X		X	
3.3 Uses evidence-informed communication skills to build trusting, compassionate, and therapeutic relationships with clients.							X				X	X		X		X		X	
3.4 Uses conflict resolution strategies to promote healthy relationships and optimal client outcomes.											X	X		X		X	X	X	
3.5 Incorporates the process of relational practice to adapt communication skills.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
3.6 Uses ICTs to support communication.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
3.7 Communicates effectively in complex and rapidly changing situations.							X				X	X		X		X		X	
3.8 Documents and reports clearly, concisely, accurately, and in a timely manner.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
COLLABORATOR																			
4.1 Demonstrates collaborative professional relationships.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
4.2 Initiates collaboration to support care planning and safe, continuous transitions from one health-care facility to another, or to residential, community or home and self-care.												X					X		X

4.3 Determines their own professional and interprofessional role within the team by considering the roles, responsibilities, and the scope of practice of others.				X			X				X	X		X		X		X	
4.4 Applies knowledge about the scopes of practice of each regulated nursing designation to strengthen intraprofessional collaboration that enhances contributions to client health and well-being.				X							X	X				X	X	X	
4.5 Contributes to health-care team functioning by applying group communication theory, principles, and group process skills.											X	X		X		X		X	
COORDINATOR																			
5.1 Consults with clients and health-care team members to make ongoing adjustments required by changes in the availability of services or client health status.											X					X		X	
5.2 Monitors client care to help ensure needed services happen at the right time and in the correct sequence.							X				X					X		X	
5.3 Organizes own workload, assigns nursing care, sets priorities, and demonstrates effective time management skills.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
5.4 Demonstrates knowledge of the assignment and supervision process.											X	X				X		X	
5.5 Participates in decision-making to manage client transfers within health-care facilities.											X					X		X	
5.6 Supports clients to navigate health-care systems and other service sectors to optimize health and well-being.											X		X	X	X	X		X	
5.7 Prepares clients for transitions in care.											X					X		X	
5.8 Prepares clients for discharge.											X					X		X	
5.9 Participates in emergency preparedness and disaster management.											X					X		X	
LEADER																			
6.1 Acquires knowledge of the Calls to Action of the Truth and Reconciliation Commission of Canada.											X					X	X	X	
6.2 Integrates continuous quality improvement principles and activities into nursing practice.											X	X					X	X	

